

# SAVE A LIFE WITH YOUR PHONE – REACT NOW!

A FREE APP THAT HELPS YOU RESPOND TO OVERDOSES, MENTAL HEALTH STRUGGLES, AND SUBSTANCE USE EMERGENCIES.

## WHY THIS MATTERS

Emergencies don't always look obvious. Sometimes it's a friend. A classmate. Someone at a party.

When something feels off, **REACT** helps you know what to do - without panic.

## REAL TALK

- Calling for help is not getting someone in trouble
- You're not expected to handle emergencies alone
- Getting help can save a life

Being prepared doesn't mean expecting the worst. **It means having each other's backs.**

## WHAT REACT HELPS YOU DO

- ✓ Recognize the signs of an overdose
- ✓ Call 911 directly from the app
- ✓ Get step-by-step guidance on what to do next
- ✓ Learn how to use naloxone
- ✓ Find mental health and substance use supports near you
- ✓ Use the app in multiple languages

**No training needed.**

**No judgment.**

**Just clear help when it matters.**



*Prepared > Panicked*

*Care is a strength*



## DOWNLOAD REACT

Free on Google Play & App Store: "REACT Now"

ReactApp.ca

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